



A comparative study of social adjustment of rural and urban junior college students

Kalpana A Shinde

Associate Professor, S.G.B. Women College, Tumsar, Dist. Bhandara, Maharashtra, India

Abstract

Social adjustment is closely related to the human life. Social maladjustment and its effects will be a great challenge for the new generation. Today's students will be citizen of future. It will preferable to develop students social adjustment to face various challenges with full force/strongly of 21st century. Hence to research on it is important to research on social adjustment. In the presented study, there is a comparative study of social adjustment of rural and urban boy and girls of junior colleges. For these 450 rural students (225 boys and 225 girls) and 450 urban students (225 boys and 225 girls) total 900 students in junior college of Bhandara district were selected by convenience sampling method. For data collection, Dr. R.C. Deva – Social Adjustment Inventory is used. The conclusions are from the study are that there is a significant difference in social adjustment between the rural and urban junior college students. There is significant difference in social adjustment of boys and girls in junior college. There is no significant difference in social adjustment of boys and girls of junior college in rural area. And there is no significant difference in social adjustment of boys and girls of junior college in urban area.

Keywords: rural, urban, junior college, social adjustment

1. Introduction

Human being has to adjust with surrounding situation for every second to live successfully. Sometimes has to face the situation, sometime has to change the path. While doing this, everybody has to taste sweet fruits of success, sometime has to digest thorns of failure. While on the path of life, person has to use various capacities, has to adjust with surrounding situation.

The person got satisfaction makes adjustment. Such person is more efficient. Everybody tries to adjust according to capacity in the life. The way of making adjustment accepts by the person is that the person should encourage to it not discouraging by failure. This way is to achieve adjustment by a protective mechanism.

In human being, continuous failure and unsatisfied be the part of life due to emerging difficulties, it would be either educational or commercial. House, school, society all these affects on person's ability of adjustment. Person's physical and mental capacity his familiar and social environment, his friend circle, his position in family and society also has good or bad effects on his adjustment. Weakness in the mind, needs, psychological conflict etc. are also responsible for the person's maladjustment. All these things affects collectively in personal development, alternately affects social development. Hence, adjustment has unique importance in human life.

According to Coleman James C. "Adjustment is the outcome of the individual's attempts to deal with stress and meet his needs also his efforts to maintain harmonious relationships with the environment." (Kalake, 2003) ^[1].

Definition of Social Adjustment

According to Warren H.C. "A Change in habitual conduct or behaviour which an individual must make in order to fit into the community in which he lives." (Deva, 1990) ^[2].

"Social Adjustment may take place by adapting the self to

The environment or by changing the environment." - Campbell, Psychiatric Dictionary (1996).

2. Review of Literature

Suthar, Shruti A. (2015) ^[4] Studied on "Socail Adjustment of College Students in Relation to Gender" The objective of study is to find out the difference in the social adjustment of college students with regard to their gender. For the study total 100 (50 Male and 50 female) college students belonged from various college of Mehsana city selected from Random sampling method. For the data collection 'Social Adjustment Inventory' developed by R.C. Deva (1990) ^[2] was used. The statistical analysis used by t-test. The result shows that there is no significant difference in social maturity and social adjustment of male and female college students. There is significant mean difference in emotional adjustment of the college students in relation to their gender. Kerketta, Inder and Ganagey, Omprakash. (2016) ^[3] Studied on "Comparative study of Social Adjustment of male and female players". The purpose of the present study was to compare the Social Adjustment between male and female players of Guru Ghasidas Vishwavidyalaya, Bilaspur (C.G). For the present study total 50 (25 male and 25 female) players from Guru Ghasidas Vishwavidyalaya, Bilaspur (C.G) was selected randomly as a subject and the age ranging between 18 to 28 years. To measure the Social Adjustment, the Social Adjustment Questionnaire was used which was made by Charles C. Cowell. For the study, descriptive statistics and independent t-test was used for the analysis of data with the help of SPSS software and the level of significance at 0.05. The Conclusion shows that, significant difference was found between the male and female players of Guru Ghasidas Vishwavidyalaya, Bilaspur (C.G) in relation to social adjustment. The male players were having more positive social adjustment (behaviour level) than the female players.

3. Methodology

Methodology used in the present study is as followed.

Objectives of Study

1. To study the difference in social adjustment of junior college students in rural and urban areas.
2. To study the difference in social adjustment of boys and girls in junior college.
3. To find out the difference in social adjustment of boys and girls of Junior college in rural area.
4. To find out the difference in social adjustment of boys and girls of junior college in urban area.

Hypothesis of Study

1. There is no significant difference in social adjustment of junior college students in rural and urban areas.
2. There is no significant difference in social adjustment of boys and girls in junior college.
3. There is no significant difference in social adjustment of boys and girls of junior college in rural area.
4. There is no significant difference in social adjustment of boys and girls of junior college in urban area.

Field of Study

In the present research, Junior college in Bhandara district is selected as field of study.

Sample Selection Method

In the present research, 450 rural adolescence students (225 boys and 225 girls) and 450 urban adolescence students (225 boys and 225 girls) total 900 adolescence students were selected as convenience sampling method.

Data Collection Method

In present research, Dr. R.C. Deva – Social Adjustment inventory is used.

Use of Statistical Techniques

In presented research, for data analysis mean, standard deviation, t-test statistical techniques are used.

4. Result and Discussion

In present research, by using statistical techniques, data is analyzed.

H1: There is no significant difference in social adjustment of junior college students in rural and urban areas.

Table 1: Difference in social adjustment of junior college students in rural and urban areas

Sr. No.	Particulars	No. of Students	Mean	SD	df	't' Value	Significant level 0.05
1	Rural Students	450	85.72	23.68	898	2.74	Significant
2	Urban Students	450	90.26	25.89			

From the above table, mean of social adjustment of junior college students in rural area is 85.72 while standard deviation is 23.68 and mean of social adjustment of junior college in urban area is 90.26 and standard deviation is 25.89. As on degree of freedom 898 and significant level 0.05, t-value is 2.74 is more than table value 1.96. Thus, there is a significant difference in social adjustment of junior college students in rural and urban areas.

Hence, (H1) there is no significant difference in social adjustment of junior college students in rural and urban areas. This hypothesis is rejected.

H2: There is no significant difference in social adjustment of boys and girls in junior college.

Table 2: Difference in social adjustment of junior college students of boys and girls in junior college

Sr. No.	Particulars	No. of Students	Mean	SD	df	't' Value	Significant level 0.05
1	Boys	450	87.67	24.41	898	3.04	Significant
2	Girls	450	83.08	20.90			

From the above table, mean of social adjustment of junior college boys is 87.67 and standard deviation is 24.41 and mean of social adjustment of junior college girls is 83.08 and standard deviation is 20.90. As on degree of freedom 898 and significant level 0.05, t-value is 3.04 is more than table value 1.96. Thus, there is a significant difference in social adjustment of boys and girls in junior college. Hence, (H2) there is no significant difference in social adjustment of boys and girls in junior college. This hypothesis is rejected.

H3: There is no significant difference in social adjustment of boys and girls of junior college in rural area.

Table 3: Difference in social adjustment of boys and girls of junior college in rural area

Sr. No.	Particulars	No. of Students	Mean	SD	df	't' Value	Significant level 0.05
1	Rural Boys	225	84.63	25.38	448	0.57	Not Significant
2	Rural Girls	225	85.95	23.68			

From the above table, mean of social adjustment of junior college boys in rural area is 84.63 and standard deviation is 25.38 and mean of social adjustment of junior college girls in rural area is 85.95 and standard deviation is 23.68. As on degree of freedom 448 and significant level 0.05, t-value is 0.57 is less than table value 1.97. Thus, there is no significant difference in social adjustment of boys and girls of junior college in rural area.

Hence, (H3) there is no significant difference in social adjustment of boys and girls of junior college in rural area. This hypothesis Accepted.

H4: There is no significant difference in social adjustment of boys and girls of junior college in urban area.

Table 4: Difference in social adjustment of boys and girls of junior college in urban area

Sr. No.	Particulars	No. of Students	Mean	SD	df	't' Value	Significant level 0.05
1	Urban Boys	225	89.02	20.30	448	1.43	Not Significant
2	Urban Girls	225	85.93	24.86			

From the above table, mean of social adjustment of junior college boys in urban area is 89.02 and standard deviation is 20.30 and mean of social adjustment of junior college girls in urban area is 85.93 and standard deviation is 24.86. As on degree of freedom 448 and significant level 0.05, t-value is

1.43 is less than table value 1.97. Thus, there is no significant difference in social adjustment of boys and girls of junior college in urban area.

Hence, (H4) there is no significant difference in social adjustment of boys and girls of junior college in urban area. This hypothesis Accepted.

5. Conclusions

- There is a significant difference in social adjustment ($t > 0.05$) between the rural and urban junior college students.
- There is significant difference in social adjustment ($t > 0.05$) of boys and girls in junior college.
- There is no significant difference in social adjustment ($t < 0.05$) of boys and girls of junior college in rural area.
- There is no significant difference in social adjustment ($t < 0.05$) of boys and girls of junior college in urban area.

6. References

1. Kalake Madhavi Jaisingh, *et al.* Psychology of Researchers and Research process. Phadke Publication, Kolhapur, 2003, 45.
2. Deva RC. Manual for Devas Social Adjustment Inventory (SAI). National Psychological Corporation, Agra, 1990.
3. Kerketta Inder, Gangey Omprakash. Comparative study of social adjustment of Male and female players. Indian Journal of Physical Education, Sports and Applied Sciences. 2016; 6(2):26-29.
4. Suthar Shruti A. Social Adjustment of College Students in Relation to Gender. The International Journal of Indian Psychology. 2015; 2(3):67-71.
5. Campbell Psychiatric Dictionary. www.reference.md/ /mD012917, 1996.