



Dronacharya awardee Dr. A.K. Bansal an eminent sports personality: A case study

Sunita^{1*}, Sophie Titus², Sunil Koak³, Dr. Urmila Malik⁴

¹ Research Scholar, Department of Physical Education and Sports, Banasthali University, Banasthali Vidyapith, Vanasthali, Rajasthan, India

² Professor, Department of Physical Education and Sports, Banasthali University, Banasthali Vidyapith, Vanasthali, Rajasthan, India

³ Associate Professor, College of vocational studies, University of Delhi, Delhi, India

⁴ Associate Professor, C.R. College of Education, Hisar, Haryana, India

Abstract

Sports play a pivotal role in the lives of men who want to carve a position, it is not today, it was in the past as well, primitive societies also considered sports as a source of releasing stress and making a position in society. Sports have a more important role to play in society and nation today, since it has become a source of making living as well. Dr. A.K. Bansal is a well known personality in Indian Hockey. The purpose of taking this research project is to highlight the qualities of Dr. A.K. Bansal.

Keywords: hockey, sports personality, case study, opinion rating questionnaire

Introduction

Sports have become central part of the society, introduced to children at a young age and often continue to be a part of persons life throughout their life. Sports impact on people in number of ways. As hockey is our national game and has brought laurels to the nation in the past, we must think on reviving it and restoring its past glory. Hockey is a technical sport which calls for exceptional skills, extraordinary stamina and presence of mind, lot of courage and above all total equilibrium of the mind and body, bringing about a synthesis and harmony of mental and physical aspect. It enables a modern youth to develop tremendous physical capacity and has become highly competitive in nature. Hockey consists of infinite variety of movements viz: dribbling, passing, scooping, hitting, lifting etc.

Statement of problem

Dronacharya awardee Dr. A.K. Bansal an eminent sports personality- a case study

Objectives of the study

- To have in-depth study about the qualities of Dr. A.K. Bansal as a person.
- To study the social/ personality traits, specific to him.

Definition and explanations of the terms

- **Case study:** Case study is a comprehensive study of a social unit, a person, a group, a social institution of a district or a community.
- **Sportsperson:** A person who engages in sports and who shows sportsmanship.

Significance of the study

The study can be a source of knowledge and guidance for sportsmen who emulate Dr. A.K.BANSAL. Youngsters can

learn from him and his vision can shape the future of Indian Hockey. He is a role model for the current generation and his example can inspire and motivate people to achieve their goals in whatever field they belong to and more so ever in the sports arena this will be a valuable document for the sportsmen, sports organizers, sports lovers and physical educationists of our country.

The design of the study

Survey technique was also used to obtain responses and reactions from selected eminent Hockey players, physical educationists and sports persons. Opinion rating questionnaire has been used for this purpose and it was constructed with the help of experts. Data/Information collected through primary and secondary sources were analyzed qualitatively through external and internal criticism. Quantitative analysis was also employed to the Data collected by using opinion rating questionnaire for statistical inferences. Opinion rating surveys was carried out to assess the various dimensions of personality of Dr. A.K.BANSAL i.e. as a person and as a coach. For the purpose of analysis 28 statements were tabulated to collect data regarding Dronachary Awardee Dr. A.K.BANSAL as a person

Construction of questionnaire

A questionnaire was formed and constructed by research scholar in consultation with the supervisor and other experts. An extensive review of Literature and research studies conducted on case studies up to 2010 were used for collection of items of questionnaire, formal and informal discussion was done with experts of teaching faculty and supervisor. Almost all care was taken and ensuring maximum coverage of the data needed for study so as to get maximum, worthwhile and meaningful responses from respondents, the draft question was devising the principles of questionnaire preparation.

Reliability of questionnaire

The purpose of the study was explained to the respondents, who had close association with Dronachary Awardee Dr. A.K.BANSAL. The respondents were requested to give information which is highly truthful and to the best of their knowledge. They were assured that the information given by them will be highly confidential. Hence, it could be ascertained that the information sought through the questionnaire would be reliable

Dr. A.K. Bansal as a person

The subject responded to each statement in four points rating scale, which were-Agree,

Strongly agree, Disagree, Strongly disagree. The opinion of various sports personalities/coaches/physical educationist/sports person on the personality of Dr. A.K. Bansal has given in table.

60.38 per cent respondents strongly agree with the statement that Dr. A.K. Bansal possesses a good personality and 37.20 per cent simply agree to it. The percentage for disagreeing and strongly disagreeing respondents is 1.60 and 0.82, respectively.

The percentage of respondents who strongly agree that Dr. A.K. Bansal is a friendly and cooperative person is 74.83 whereas 23.75 per cent respondents agree to it and only 0.72 and 0.70 per cent respondents disagree and strongly disagree to it.

For the statement concerning health consciousness on the part of Dr. A.K. Bansal, 68.68, 30.49 and 0.83 percent of respondents responded as strongly agree, agree and disagree respectively.

Regarding regularity in his daily exercise, 62.22 per cent respondents strongly agree to it. Only 30.49 and 0.83 per cent respondents agree and disagree to it.

51.66 per cent of the respondents strongly agree that Dr. A.K. Bansal possesses good physique. 47.50 simply agreed to this statement. Only 0.84 per cent respondents disagree to it.

Regarding his soft spoken skills, 51.91 per cent respondents strongly agree and 40.17 per cent agree to it. Only 6.32 per cent disagree and 1.60 per cent strongly disagree to it.

42.68 per cent of respondents strongly agree to the statement that Dr. A.K. Bansal never loses his temper. Percentage of agreed, disagreed and strongly disagreed responses is 46.43, 8.60 and 2.29, respectively.

40.36 per cent respondents strongly agree to the statement that Dr. Bansal has lot of patience and perseverance, whereas percentage of respondents who agreed to it is 54.03. Only 1.23 and 4.38 per cent respondents disagree and strongly disagree to it.

Regarding Dr. Bansal as a religious person, 56.83 per cent respondents strongly agree whereas 40.48, 1.77 and 0.92 per cent respondents agree, disagree and strongly disagree to it respectively.

49.69 per cent respondents strongly agree to the statement that Dr. Bansal has humane attitude towards others and 47.81 per cent simply agree to it. Only 2.50 per cent respondents disagree to it.

Majority of the respondents consider Dr. A.K. Bansal as a role model for others as 66.33% respondents strongly agree to it. 31.91 and 1.76 per cent responded as agree and disagree to it.

The statement regarding his belief in learning by doing was strongly agreed to by 67.21% respondents. 31.48, 0.82 and 0.49 per cent respondents agree, disagree and strongly disagree to it respectively.

He is a man of principles and does not compromise with his principles was strongly agreed by 73.26% of respondents. 22.34 and 3.33 per cent agree and disagree to it. Only 1.07 per cent strongly disagree to this statement.

Regarding his decency and mannerliness, 49.63 per cent respondents strongly agree to it and 47.15% simply agree to it. Only 2.62 and 0.60 per cent respondents disagree and strongly disagree to it.

57.66% respondents strongly agree to the statement that Dr. Bansal has an art of influencing others. 40.72% simply agreed to it. Only 1.62 per cent of respondents disagree to it.

Failure does not overtake him as 64.23 per cent respondents strongly agree to it. 33.97 per cent agree and only 1.80 disagree to it.

Dr. Bansal is very straight-forward in nature. 72.82 per cent strongly agree and 24.63% agree with the aforesaid statement. Only 2.55% disagree to it.

75.31% respondents strongly agreed that Dr. Bansal never uses his position for personal benefits and 20.95% agreed to it. 2.90 and 0.84 per cent respondents disagree and strongly disagree to it.

As far as his popularity among his colleagues is concerned, 76.68% respondents strongly agreed to it and 23.32% agreed to it. None disagree or strongly disagree.

69.23% respondents strongly agreed to the statement that Dr. Bansal has great aspirations. 29.51% and 1.26% agree and disagree to it.

Dr. Bansal is proud of his country. 68.54% respondents strongly agree to it and 29.58% agree to it and only 1.88 per cent responded as disagreed

Out of total respondents, 66.38 per cent strongly agreed that Dr. Bansal is fond of reading books and sports magazines and 33.62% agreed to it. No one responded as disagree and strongly disagree to it.

62.89 per cent respondents strongly agree that Dr. Bansal has ability to overcome obstacles and 34.71% agree to it. Only 1.62 and 0.78 per cent respondents disagree and strongly disagreed to it.

Dr. Bansal is good in public relations. 58.85 per cent respondents strongly agree to the aforesaid statement and 39.89% simply agree to it. Only 1.26% respondents responded as disagree to this statement.

Regarding his good sense of humour, 48.64% respondents strongly agree and 46.66% agree to it. Only 2.84 and 1.86 per cent disagree and strongly disagree to it.

The statement that Dr. Bansal is very supportive and source of strength to everyone is strongly agreed to by 63.46% and agreed by 35.27 per cent respondents. Only 1.27 per cent respondents disagreed to this statement.

Regarding his quality and competency of handling complex situations, 61.63% respondents strongly agree and 37.13% agree. Only 1.24% respondents disagree to it.

72.62% respondents strongly agreed to the statement that he has strong determination and 27.38% agreed to it. None responded as disagree and strongly disagree.

Table 1: Opinion rating about Dr. A.K. Bansal as a person

S.No.	Statement	Strongly Agree	Agree	Disagree	Strongly Disagree
1.	He possesses a very pleasant personality	60.38	37.20	1.60	0.82
2.	He is very friendly and cooperative	74.83	23.75	0.72	0.70
3.	He is very health conscious	68.68	30.49	0.83	0.00
4.	He is very regular in his daily exercise	62.22	35.84	1.94	0.00
5.	He possesses good physique	51.66	47.50	0.84	0.00
6.	He is soft spoken	51.91	40.17	6.32	1.60
7.	He never loses his temper	42.68	46.43	8.60	2.29
8.	He has lot of patience and perseverance	40.36	54.03	1.23	4.38
9.	He is a religious person	56.83	40.48	1.77	0.92
10.	His attitude towards others is always humane	49.69	47.81	2.50	0.00
11.	He is a role model for others	66.33	31.91	1.76	0.00
12.	He believes in learning by doing	67.21	31.48	0.82	0.49
13.	He does not compromise with his principles	73.26	22.34	3.33	1.07
14.	He has pleasing manners	49.63	47.15	2.62	0.60
15.	He knows how to influence others	57.66	40.72	1.62	0.00
16.	He keeps himself very strong even at the time of failure	64.23	33.97	1.80	0.00
17.	He is very straight forward in nature	72.82	24.63	2.55	0.00
18.	He never use his position for personal benefits	75.31	20.95	2.90	0.84
19.	He is very popular among his colleagues	76.68	23.32	0.00	0.00
20.	He has great aspirations	69.23	29.51	1.26	0.00
21.	He is proud of his country	68.54	29.58	1.88	0.00
22.	He is fond of reading books and sports magazines	66.38	33.62	0.00	0.00
23.	He has ability to overcome obstacles	62.89	34.71	1.62	0.78
24.	He is very good in public relations	58.85	39.89	1.26	0.00
25.	He has a good sense of humor	48.64	46.66	2.84	1.86
26.	He is a good source of support and strength to everyone.	63.46	35.27	1.27	0.00
27.	He has a good quality of handling complex situations with competency.	61.63	37.13	1.24	0.00
28.	He has strong determination	72.62	27.38	0.00	0.00

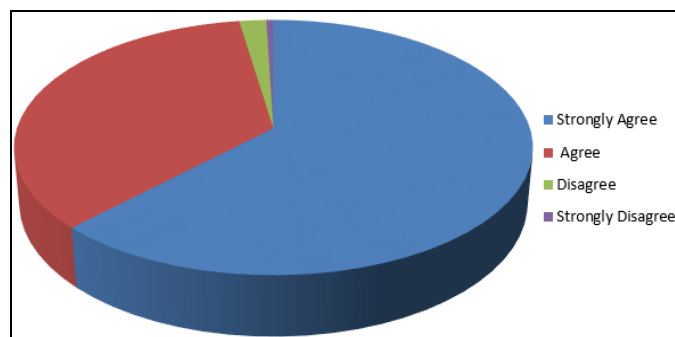


Fig 1: Average rating in Percentage of Statements regarding Dr. A.K. Bansal as a person

Opinion rating about Dr. A.K. Bansal as a person
 The higher mean value (61) of opinion rating personality questionnaire of Dr. A.K. Bansal indicates that he is a man of principle, very cooperative, friendly and popular person among his colleagues and possess a very pleasant personality.

Conclusion

On the basis of the findings of the opinion rating survey the present study the following conclusions may be drawn:-

- He has a lot of patience and perseverance.
- He bears a very pleasant personality.
- He is very health conscious and regular in his daily exercise.
- He has an excellent ability to overcome obstacles.
- His attitude towards others is very friendly and co-operative.

- He has very good relation with his players and colleagues.
- He is one the great Coach in India and is proud of his country.
- He is a role model for others.

References

1. Battun Zag EnkataNiranjan. The case study of Prakash Padukone, the Badminton Player.
2. Unpublished Master thesis, Aliquippa University, 1988.
3. Jonh W. Best, Research in Education New Delhi: Prentice Hall of India, 1983.
4. Kamlesh ML. Methodology of Research in Physical Education and Sports, 2nd Ed. New Delhi: Mietropolitan Book Co. Pvt. Ltd., 1994.
5. Singh, Bijender. Dhronacharya Prof. Karan Singh- Eminent Physical Educationist and Sports Promoter - A Case Study Unpublished Doctor of Philosophy Thesis, Jiwaji University, Gwalior, 2000.